

WHAT

An exciting reality series based on the world-renowned book that was first published in 1955

WHEN

8 PM today

WHERE

AXN

PIC/BL SON



Stressbuster: Pressure for pleasure

Former Miss India Sindura Gadde gives it a thumbs up. To blow off some steam and rejuvenate yourself, train yourself in massage therapies like Shiatsu, Thai massage, Hot and Cold Stone Therapy and Reflexology. These techniques increases oxygen in the blood and help release toxins. At Prisim Healing Institute, near Grant Road station. Call: 23812370/23802370/9820317284