



A holistic prism

Last fortnight, stockbroker **Priti Shroff**, opened the doors to a new healing institute in south Mumbai called Prism. The motivation came after seeing her sister go through cancer and a treatment suggested to her by her brother in Atlanta, the raw and living organic food. As this treatment helped her sister, Shroff was inspired

enough to offer the treatment to others as well. Prism Healing Institute is the first ever holistic organic healing place. It will also have Mumbai's first organic cafe. Prism provides complete wellness solution for the mind, body and spirit with emphasis on yoga, completely organic food stressing mostly on raw food or food cooked in solar energy and therapies such as acupuncture, shiatsu and Thai massage all under one

roof. In order to provide a livelihood to others, Shroff has successfully trained students at the National Association for the Blind to grow organic wheatgrass. Prism is the main buyer of their products. It also trains women to create eco friendly products, such as clay aromatisers, which it buys from them. Shroff is optimistic of her venture. "If you heal one person at a time, you can heal the world," she says. ■