



AKASHIC RECORDS

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The term Akashic is Sanskrit for aether (aka: ether). Ether, in the spiritual sense, is **the essence that dwells beyond our physical reality**. Some schools of thought believe ether (Akasha) is a place located in the higher-most regions above the clouds in the sky. Interestingly, the term Akash is the Hindi word for 'sky'.

Akashic Records can be most easily understood as a Divine Library, a celestial storage facility that contains all the knowledge of human existence, and the history of the Universe. It has been said that the Akashic Records store all memory, experiences and potential of every living being for all time. Each book within this limitless library is a historical document of every being. Each edition is a detailed account of every human's past, present and future. Each volume documents an individual's memory, emotion and experience.

Even though a library is the most common description for the Akashic Records, they have also at times, been called a "universal computer" and the "Mind of God".

According to the Indian Scripture Garuda Purana, Chitragupta (In western spirituality, he is known as Archangel Metatron) is the Divine entity who tracks and builds a record of every action of each life form from birth to death. In mystical traditions these documents are referred to as the Akashic records, said to contain every action that has ever taken in the universe.

Moreover, these books also contain pure potentials... actions not yet taken, experiences not yet felt. These potentials shimmer in expectation, because the only thing that sets a potential in indelible writing in your Akashic record is choice. Once you make a choice, the potential then becomes a permanent entry in your record.

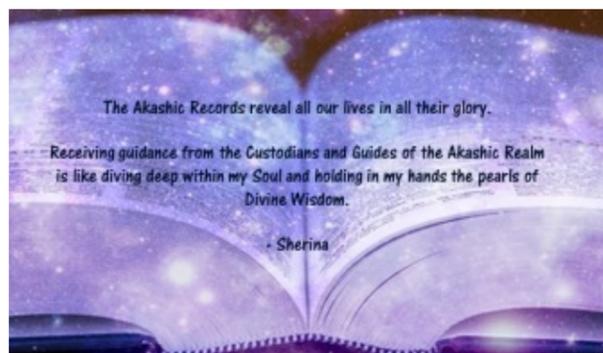
We are all visitors to this time, this place. We are just passing through.

Our purpose here is to observe, to learn, to grow, to love and then we return home - Australian Aboriginal proverb

Most of us are seeking answers regarding our soul journey to explain who we are, what our soul purpose is, why do we suffer, why certain things, issues, patterns are so persistent in our lives? Why no amount of effort is good enough to change them? It's like being caught in a vicious circle where the variables (people, places, and situations) change but the patterns persist. They just change form but don't disappear. We call this Destiny, and often give up hope of ever being able to bring about a change in our life. But I believe that our Soul chooses to take birth in a particular body, in a particular home, having a particular family of parents and siblings.

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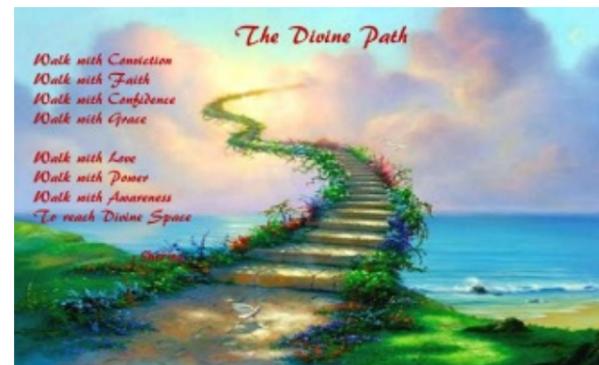
Earth is our school where a soul takes human form and incarnates lifetime after lifetime. It chooses what life experiences it will go through depending on the lessons that it wants to learn in that particular lifetime. These lessons could be anything at all: patience, emotional or physical strength, control over anger or envy, or even to manifest the spiritual perfection we embody at a physical earth plane. Through these experiences we continue our journey of spiritual growth and evolution with the latent desire to align ourselves with our ultimate soul purpose - to be one with Source. However, once we have taken birth as a physical body, we forget this connection and are overwhelmed with thoughts and emotions. we feel stuck and unable to move forward, unable to overcome the obstacles that we face on a daily basis.



There are many reasons why we might wish to access the Akashic Records: looking for answers, seeking the truth, need of guidance, desire to empower ourselves to make life transitions, necessity to release limitations, patterns and beliefs, longing to come in contact with our soul's purpose.

A journey to the Akashic Realm brings guidance for those issues that are now ready to be healed. It helps us to access our Soul memory or Soul DNA. It gives us the information that is ready to be revealed. Whatever part of our life is ready to receive healing will be healed. Karmic imprints that are ready to be released will be released. Knowledge of the Akashic Records brings the realization that the future is not set in stone, it is malleable, changeable, probable.

During my first journey in the Akashic records I was looking for answers to some of the problems that I was going through in my life. I was surprised to see that the insights that came through were from two previous lifetimes. I had no idea that there can be such a deep impact of other lives on my current life. The origin of these issues was totally unexpected and it took a little while for the awareness to sink in. With awareness came healing followed by a sense of liberation. Ever since I started connecting with the energy of Akashic records I have been able to see past the illusion and make life choices that have opened new doors and opportunities that I couldn't have dreamt of earlier. It was a completely new experience to know that some people who are a part of my current life have been with me in many different lifetimes.



We may be carrying many debts that originate in other lifetimes and have a significant impact on our life in the present. The Akashic records point out the origin of such karmic debts, patterns or blockages. Some of these are linked to unfinished business or pending lessons that the soul has yet to learn. In some cases these are the triggers to remind the soul of lessons mastered in previous lifetime that are waiting to be activated through memory in this lifetime. An inherent or latent talent can also be unearthed due to the knowledge gained from the Akashic Records.

Akashic Records provide all the information and understanding so one can take appropriate action. They empower us so we can create a change in our life, release self-limiting beliefs, transform relationships in our inner and outer Universe and embrace peace as a way of life. They never tell us what to do. The guidance comes from a non-judgemental place of love and compassion providing opportunities for growth and direction for soul's advancement.

Most people have connected with their Akashic Records during meditative states, through their intuition, or even through their dreams. However, all these are subconscious connections that will bring messages that may not easily be understood. Many may need a spiritual healer and guide to access the Akashic Records and bring back messages and guidance pertaining to the

problems that an individual is going through. Clarity can be obtained and blockages released with regard to:

- Relationships
- Higher life purpose
- Career change
- Financial issues
- Marriage
- Love
- Health challenges
- Obstacles connected with other people like family or colleagues
- Environmental negativity
- Family conflicts or judicial issues
- Self forgiveness or forgiveness of or from others
- Lessons to be learnt from a specific issue
- Emotional afflictions
- Addiction
- Repeated patterns of thoughts, emotions or behaviour
- And more...

We can also gain clarity about

- The origin of your Soul
- Your mission on earth
- Your guides and angels
- Connection with ascended masters
- Soul Contracts
- Soul decisions
- Etc.

An Akashic Record Reading can bring clarity towards any problems that you are going through. Solutions springing forth from the Akashic Realm are long lasting and easy to follow as they are always based on what changes or additions an individual can easily make in their daily life.

Sherina Tanwani is an authorized System BrahmaSatya trainer and healer since the year 2001. She conducts various workshops:

- Brahma Satya Energy Healing - Level 1, 2 & 3
- Reiki - Level 1 & 2
- Magnified Healing
- Crystal Chakras
- Goal Empowerment with Art & Huna Healing
- Chakra Meditation
- NaadBrahma Meditation
- Numerology

Services offered:

- Aura Scan & Analysis
- Aura Cleansing with energy
- Aura Cleansing & Chakra Balancing with Crystals
- Numerology Report
- Angel Therapy
- Crystal Grid to resolve all personal & environmental issues
- Clearing of space - house/ office
- Akashic Record Reading
- Healing Paintings