



WHEN YOU ARE HAPPY FROM WITHIN, IT WILL SHOW ON YOUR SKIN!!!

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By Nipam Unadkat
 Access Bars Facilitator

Hello Readers! My name is Nipam Unadkat and I would like to share with you my journey as a Beauty therapist who also facilitates healing. I specialise in treatments for acne, pigmentation and anti-ageing but what is closest to my heart is the Access Consciousness Bars a healing modality which I practice myself and also teach and which has created the quickest and most miraculous shifts in my own life and helped me do the same for others. Combining facials with healing is my core potency and what fulfils me the most.

What is Access Consciousness? It's a kind of magic...

Access Consciousness is the most phenomenal thing that has happened in my life. Even after 4 years of following this awesome way of life, it amazes me how by merely touching 32 points on the head and asking the energy associated with them to run, years of limitations, negative thinking and even depression can be completely cured; sometimes; within just one session. And when you are happy from within, how can it not show on your skin?

What Can Bars Change?

- Phobias
- Depression
- Body pain
- Deeper sleep
- More energy
- Dissipate stress
- Unlock creativity
- Find clarity & calm
- Melt emotional overwhelm
- Money flows
- Relationships
- Body bliss
- Ease with exams
- More possibilities

Access Consciousness is a different point of view about life. It allows you to change anything you cannot change and create

everything you desire in a different and easier way. The aim of Access is to create a world of consciousness and oneness, where everything exists and nothing is judged. It can be the starting point of a great adventure and it can be something you add to your life that will assist you in creating a greater ease with everything.

The tools of access consciousness and the bars helped me create more ease, joy and glory in every aspect of my life. I experienced greater relationships, better health, more money, more joy and such great moments and experiences that I could never imagine possible.

How is the access energetic facelift different from the normal one?

Imagine... being able to look younger and have your body feel better without surgery, injections, creams or pills. Welcome to the Access Facelift™. The Access Facelift™ is a wonderful way to rejuvenate and reverse the appearance of aging on the face and creates similar effects throughout the body. Working with the energy that you and your body have access to through gentle soothing touch to your face and neck, the Access Facelift™ works with your body's cells to restore, enliven and rejuvenate.

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It started with a passion for skin and haircare.

My journey started 30 years ago, before I got married. My passion for makeup, skin and hair led me to join the Tokyo Beauty Salon for hair and makeup at Breach Candy which was the number one salon in South Mumbai in the 80s run by Kiyoko, a Japanese lady. As fate would have it, she recognised my natural talent in the field and I got the opportunity to participate in the World Hair and Beauty show in Tokyo, Japan and I won the gold medal at the very start of my career. Soon

enough, I started heading the apparel team at my father's showroom at the Oberoi hotel and combined garments and beauty and worked with celebrity clients and many famous actresses of that era.



And then the homemaker in me took over

My life took a turn after my marriage and the birth of my son brought out the nurturing woman in me with my home and family as my first priority. During this period, I pursued my second love which is music in the genre of ghazals and bhajans under the guidance of my guru, the very gifted Ustaad Siraj Khan. I performed solo programs at PremPuri Ashram, Mumbai for many years.

Once my son joined medical college, I rekindled my passion by becoming a certified CIDESCO graduate following which I worked with Dr. Dinyar Boxwala who is a magician with all things related to skin; post which I started my independent practice at PRISIM HEALING centre. where my friend PRITI SHROFF welcomed me with open arms and since then PRISIM is home to me.

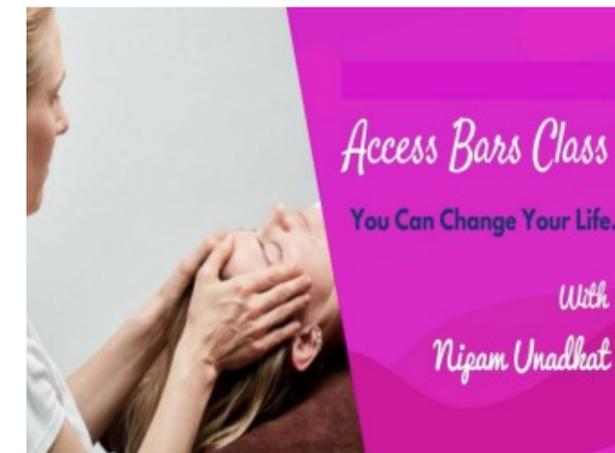
How does healing and beauty go hand-in-hand? Less stress, less wrinkles... Simple...

My experience with my clients was that most skin disorders are a result of deep-rooted psychosomatic issues and are not just skin deep. I started looking for a more holistic approach which would take care of the problems from the root rather than just giving a topical solution. What ensued is an array of modalities including popular ones like Heal your Life, NLP and many others from the best of teachers in the industry. However, there was always something missing. Being the pursuer I am of my dreams and making them a reality, I stumbled upon this magic called Access Consciousness and I was finally home. The Access Bars and the very magical Access Energetic facelift was the answer I was seeking all along. Add to it the extremely potent body processes! I can't thank the universe and Gary Douglas, the founder of Access Consciousness enough.

Creating miracles in peoples' lives with Access Consciousness

Within the first few sessions that followed, I witnessed miracles in peoples' lives way beyond what I could imagine. Years of chronic backache being cured in a few sessions,

severe stomach bloating healed within one session itself, PTSD caused by child abuse and years of trauma caused by it vanished with the bars (the client is now an Access Consciousness Bars Facilitator herself), movement in the leg where there was absolutely no movement (following a spine surgery) after just a few body processes and so many more. Clients started calling in day after day with magical stories of how the tools and processes of Access Consciousness changed their finances, their relationships, their health, their bodies, their wellbeing and their life in totality.



Would you like to be a part of this magical world?

Today, I have facilitated 100s of people towards a greater possibility not just with their outward appearance but also with their innermost beauty, changing their life, living and reality with greater possibility and more choice. I invite you to join this magical journey with me in a one-day class or a 60-minute life altering session which is the start of a different, greater possibility and the end of limitation. Are you willing to take the plunge from problems to possibility? If yes, connect with me at PrisiM Healing Institute.

Nipam Unadkat Access Bars Facilitator

Certifications:

- Hair & Makeup
- Counselling
- Heal your Life
- NLP
- CIDESCO
- Access Bars
- Access Facelift
- Access Body Processes
- Star Magic Healing
- Star Magic Upgrade

PrisiM Healing Institute is an alternative health center that believes in healing one individual at a time.

We have various complementary therapies that help an individual to reach to their optimal health.

- 10 Day Detox Programme
- Brahma Satya Energy Healing
- Aura Scan & Analysis
- Aura Cleanse & Chakra Alignment
- Crystal Healing Workshops & Crystal Grid
- Yoga & Zumba
- Sujok & Acupuncture
- Sound Therapy
- Art Therapy & Zentangle
- Emotional Catharsis
- Fairy / Angel Card Reading
- Healing Meditations - Chakra Meditation, Naadabrahma etc.
- Numerology
- Hypnotherapy / Past Life Regression
- Clearing of Spaces
- Reconnective Healing & The Reconnection
- Heartlight Ascension
- Raw & Vegan Foods by Prana Kitchen