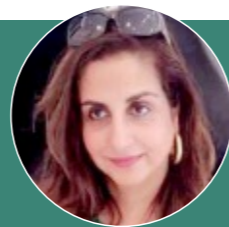




A TAROT JOURNEY

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Many people are really scared of getting their Tarot Cards read from fear of knowing something bad is going to happen.

One can understand this fear, because it stems from a feeling of being completely out of control of your future. It comes from the belief that whatever the Tarot reader says is written in stone and is bound to happen. This is really far from the truth. Though every person is born with a soul blueprint, everybody also has free will which allows them control over their destiny, their actions & reactions.

Like a blueprint might give you the basics of a building plan but it won't tell you the colours of the walls and the decor, or depict the true details of a place, as that is finally up to the people executing the plan. It's the same for life.

Tarot does not tell us the future, it tells us the most likely future based on the signs and behaviour in the present.

Our ancient Tarot readers knew long ago what every new age guru is preaching today...,"mindfulness" "the power of now" Tarot teaches that the most significant time is Now. It is the only 'time' we have any control over. The future is a bouquet of possibilities, we can only shape our present to manifest our desired future.



So what exactly is Tarot?

Tarot is a divination tool, a set of 78 cards that can tell us all we need to know in the 'now'.

All of us have a sixth sense or a "clair"; Tarot readers, psychics and so on may just be more tuned in with theirs. Haven't you experienced dejavu... felt this has happened before or "I've seen this scene in my mind before". That's clairvoyance (seeing).

Don't we often hear, that angel whisper in our ear..."stop", "don't go" and haven't we all been grateful we listened once in a while? That's clairaudience (hearing).

Haven't you walked into a room and felt the warmth and friendliness and had a gut feeling about something, that's clair-sentience (feeling) and sometime don't you know something you have not even studied or read, or made a choice and just known it was a correct one, that's clair-cognizance (knowing).

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We all have this in us. We just have to connect within and tap into them.



The million dollar question : How does Tarot work?

People often ask me how do I manage to tell them what's happening in their life by just pulling out a few cards?

I believe Tarot works on the principal that Universe / God /Divine Consciousness is really kind and generous and that we, everyone of us are a small minute piece of that Universe / God / Divine Consciousness. To experience a physical life we wear the veil of forgetfulness and go through the soul's journey with its ups and

down, triumphs and defeats... that's life! However through it all, we are still connected to our source which wants to help us and wants us to know.

Today even Quantum Physics explains that we are all made of energy, our thoughts and feelings are energy and have a vibration of their own. We attract only those cards which have a similar energy to ours at a given time. Like attracts like.

There is a beautiful spread in Tarot called the Celtic Cross which can tell you everything you need to know about a given situation with adequate guidance to help and heal the situation or the outcome.



The Universe really wants us to know **"knock and the door will open, seek and you will find"**.

It is really uncanny how Tarot can give you the same or very similar answers to the same question after shuffling the cards and completely muddling them up; the guidance doesn't change.

When I first began my Tarot journey in 2007, I used the cards as an inner compass for the first four years. They were my friends, philosophers and guides who counselled and showed me the way. They were also my worst critic, holding up the mirror when I was going astray. Tarot can give you the big picture, a complete idea of the situation and your part in it. It can give you guidance towards a better outcome towards healing and manifestation. I personally worked with a lot of modalities along with Tarot.

I used Oracle cards Angle Tarot, Bach Flower Remedies, Crystal, PLR and so on.... Tarot can help one choose between options, indicate the manner in which they need to respond to the situation and give an idea of the possible outcome.

Sometimes the Tarot cards give you an answer that doesn't fit with the current option and possibilities available to a client. One just has to trust and follow the guidance.

I remember once one of my regular clients from an extremely respected family came to consult me and that particular day, all I

could tell her was: her life was to change for the better, and she may shift locations, travel a lot and would get great position and power. She replied that she already had / did that, and moving locations was unlikely and I couldn't help but agree given her situation.

I went back to the cards and got the same steadfast continuous message. I got the feeling that perhaps. I didn't serve her properly that day. Guess what....? A couple of days later she called me excitedly to say that her husband had been offered a seat in the Parliament and she would have to shuttle between cities. Life had changed for her. Exactly as the cards had said.



I once told a client that she would be travelling really soon. She was thrilled and said she really wanted to, but it was impossible as her grandchild was coming to stay with her for a couple of months. She later called to say her son-in-law had just got a job in Dubai and she was accompanying her daughter's family there.

I truly believe it is now time for people to snap out of the old mind set where they imagine an old crone in a dark Gypsy tent with a crystal ball and a Tarot deck. She opens the cards and out falls the death card... The precursor of doom... **Ha!!!**

Most Tarot card readers today are social, fun loving, well grounded people who would probably take the time to explain that the Death card does not necessarily mean physical dying. It could just mean a change "out with old, in with the new".

Tarot can be an awesome tool for guidance and growth. It can be a friend, a counsellor, a healer, it can be that reality check, that nudge in the right direction. It is such a wonderful, powerful tool to help you understand and shape your future. Imagine having a say in how / what will happen and who you are going to become.

Now isn't that a really precious gift ?

Bakhtavar Mistry With almost a decade of experience under her belt, She is a Certified Tarot, Angel Card and Oracle Card Reader. She is a Bach Flower and PLR Therapist who goes by the name - The Healing Chalice. She conducts Tarot workshops at Prisim Healing Institute.