



# AROMA OILS NATURAL WAY TO BETTER HEALTH

Aromatherapy is the art of using the beneficial properties of essential oils to treat common ailments, promote good health and emotional well being. these oils can be used in various ways in baths & foot baths, massage, steam & inhalation, beauty treatments like facials & body treatments to nourish the skin. When used in room sprays or diffusers, they create a calm and soothing atmosphere. Aroma oils are natural so they are safe and easy to use.

for 15 ml.

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Natural essential oils blended for calming irritation of GI tract, relieve heart burns, flatulence, and ease digestion.

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This combined fragrance is mentally soothing, relieves stress, anxiety and depression effectively.

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A rejuvenating, all-purpose healing oil for the body. Used as antiseptic for sores, ulcers, insect bites and wounds.

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This essential oil brings in overall well being, relief from stress and anxiety, and clarity of thoughts.

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Releases deep-rooted trauma & anger. Brings about a sense of peace and emotional well being. Helps to let go of past patterns and habits to bring in the "New You".

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This blend leaves an angelic feeling in the soul, bringing a higher spiritual awareness which helps you to forgive, forget, let go and move on with life.

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A combination of highly stimulating oils that help to clear the mind, remove lethargy and mental fatigue.

for 15 ml.

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Facilitates release of negative emotions, brings a sense of grounding, independence and positive thoughts. Helps to improve memory.

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Helps to overcome negative emotions, mood swings, self-defeating behaviour, procrastination and self-pity. Magnifies your life purpose.

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Enhance passion in your life, stabilize and balance your emotions & instill positive attitude. Also helps to realize your goals.

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This blend helps for restful night sleep. Protects from negative dreams so you awaken fresh and rested every morning.

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This aroma oil creates the law of attraction. Enhances thoughts towards prosperity and abundance. It grounds the body and creates balance for giving and receiving.

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Helps to maintain optimal health and well being. Good for blood circulation and optimal body temperature.

# FIRST AID HEALING ...... 600

Neutralizes mildew, cigarette smoke, air pollution. Insect & mice repellent. Use as first aid for insect bites, wounds & cuts. Helps respiratory system, improves oxygenation, and relief from chest congestion.

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Natural essential oils blended for complete oral dental care and plaque control. Can be used for children.

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Used for effective communication, captivating orator, self-expression. Imbalance of thyroid, hoarseness, loss of voice & fear of being exposed.

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Used during meditation for balance of yin-yang in the body. To heal imbalances of the pineal gland. Application of this oil leads to spiritual serenity.